**Grade 7 Health – Newspaper Assignment**

Using Creative Resume in Word, create a newspaper front page about yourself.

You must include the following items:

**In the Name box:**

1. Title for the newspaper which must have your name in it (2 Marks)

**On the left column:**

**Box 1:** Name the 3 sides of the Health and Wellness Triangle (3 marks)

**Box 2:** Pick your strongest side and name 3 things that you excel at in that category. (3 marks)

**Box 3:** Pick the side you think needs work and list 3 things you need to work on. (3 marks)

**On the right in the large boxes:**

\*\*Note that these 3 require more writing in proper paragraph from.

**Box 1:** Who is your role model. Pick 3 characteristics they have that you admire about them and explain why those characteristics are important to your health and wellness. (5marks)

**Box 2:** Describe how you see yourself (self-concept) and who you would like to be when you grow up (self-ideal) (5 marks)

**Box 3:** Describe your greatest accomplishment and why it makes you proud (5 marks)

You will have 3 classes in which to complete your project.

Day 1 – prepare a rough draft and layout

Day 2 & 3 – computer lab time. Project must be handed in at the end of the 3rd class. You will need to print it.